



### The 7 Habits of Highly Effective Teens by Sean Covey

- Habit 1: Be Proactive**  
Take responsibility for your life.
- Habit 2: Begin with the End in Mind.**  
Define your mission and goals in life.
- Habit 3: Put First Things First.**  
Prioritize, and do the most important things first.
- Habit 4: Think Win-Win.**  
Have an everyone-can-win attitude.
- Habit 5: Seek First to Understand, Then to Be Understood**  
Listen to people sincerely.
- Habit 6: Synergize**  
Work together to achieve more.
- Habit 7: Sharpen the Saw**  
Renew yourself regularly.